



LIFE MENTAL HEALTH

THE RIGHT CHOICE FOR ACUTE MENTAL HEALTHCARE
QUICK REFERENCE GUIDE

The right choice for acute mental healthcare

Life Healthcare is a leading provider of private psychiatric services in South Africa. Our treatment programmes, facilitated by our multi-disciplinary team have been developed to achieve optimal outcomes through the short term treatment of mental health care users in tranquil and therapeutic environments conducive to recovery.

Our services

The mental healthcare services offered include general psychiatry, treatment for substance dependence or other addictions associated with psychiatric disorders. Treatments include evidence-based drug therapy, individual psychiatric consultations and psychotherapy, group therapy and, where needed, physical therapy or electroconvulsive therapy (ECT). These holistic services are provided by a multi-disciplinary team which, depending on individual patient needs, comprising of psychiatrists, psychologists, occupational therapists, physiotherapists, social workers and counsellors; as well as nursing practitioners trained in mental health.



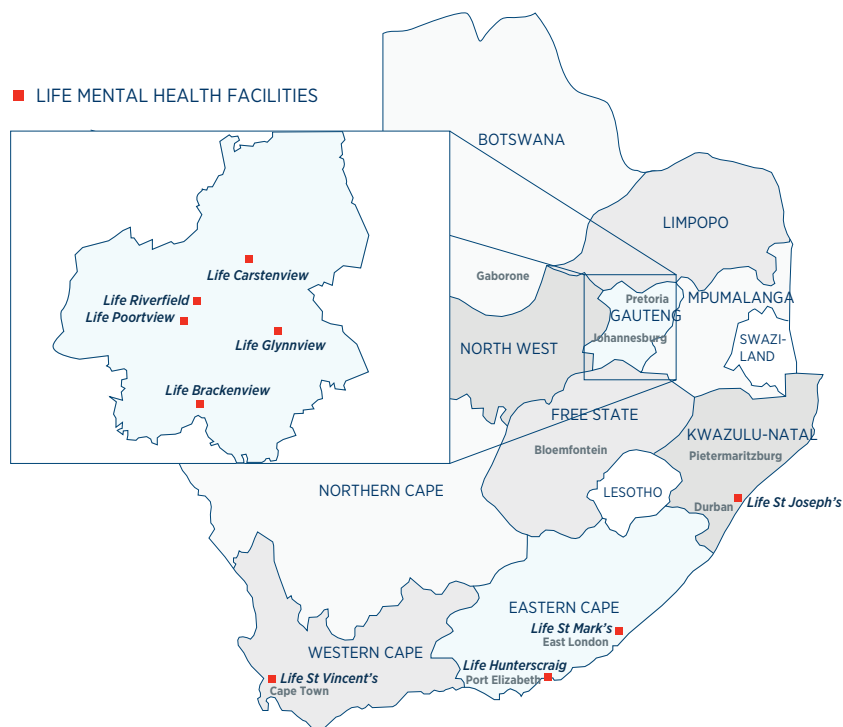
LIFE MENTAL HEALTH



Life Mental Health facilities can accommodate the following admissions:

Province	Life Mental Health facility	Voluntary Admissions	Substance abuse recovery	Adolescent admissions	Assisted admissions	Involuntary admissions
Eastern Cape	Life Huntersraig Private Hospital	✓	✓		✓	
	Life St Mark's Clinic	✓	✓			
Gauteng	Life Brackenview	✓		✓	✓	✓
	Life Carstenview	✓			✓	✓
	Life Glynnview	✓			✓	✓
	Life Poortview	✓		✓	✓	✓
	Life Riverfield Lodge	✓			✓	
KwaZulu Natal	Life St Joseph's	✓				
Western Cape	Life St Vincent's	✓			✓	

Mental health units across South Africa



EASTERN CAPE

LIFE HUNTERS CRAIG PRIVATE HOSPITAL

22 Park Drive, Central
Port Elizabeth 6001
Tel: 041 507 9500

LIFE ST MARK'S CLINIC

16 St Andrews Road, Southernwood,
East London 5201
Tel: 043 707 4400

KWAZULU-NATAL

LIFE ST JOSEPH'S

82 Mazisi Kunene (South Ridge) Road,
Berea, Durban 4001
Tel: 031 204 1300

WESTERN CAPE

LIFE ST VINCENT'S

Alexandra Road, Pinelands, Cape Town, 7405
Po Box 103, Howard Place, 7450
Tel: 021 506 5111

GAUTENG

LIFE BRACKENVIEW

22 De Waal Street, Brackendowns, 1448
Tel: 010 009 6200

LIFE CARSTENVIEW

21 Dane Road, Glen Austin, Midrand, 1685
Private Bag x 54, Halfway House, 1685
Tel: 011 655 5602

LIFE GLYNNVIEW

129 - 130 Howard Avenue
Benoni 1501
Tel: 011 741 5460/5461

LIFE POORTVIEW

18 Malcolm Road, Poortview
Roodepoort 1724
Tel: 087 352 2100

LIFE RIVERFIELD LODGE

34 Southernwoods Road, Nietgedacht,
Randburg 2194
Tel: 087 352 3765

www.lifehealthcare.co.za